

The Eagle



Newsletter for Veterans, Stakeholders, and Employees of the
Coatesville VA Medical Center

Winter 2022

West Norriton VA Outpatient Clinic Opens



We are pleased to announce our Spring City outpatient clinic has moved to 2495 General Armistead Avenue, Norristown, PA 19403.

The West Norriton VA Community Based Outpatient Clinic (CBOC), opened its doors on November 22. All services at the Spring City outpatient clinic have transferred to the West Norriton clinic and scheduled appointments have automatically transferred. Phone numbers and clinic hours remain the same.

The VA paid nearly \$1.8 million for design and renovation work of the West Norriton VA clinic, which offers 10,500 square foot of space, compared to the 3,163 square foot at the old CBOC location. The new clinic offers 17 dedicated exam rooms; ample parking and is close to public transportation.

Available services include Primary care, Mental Health care, Women's Health care, Whole Health, Telehealth, Laboratory services, Social Work services, a Nurse 24/7 Help Line, and Transportation services. The added space allows for future expansion of services, which may include Audiology, Optometry, Physical Therapy and Podiatry.

For a new appointment please call our Call Center at 610-383-0239.



U.S. Department of Veterans Affairs

Veterans Health Administration
Coatesville VA Medical Center

COVID-19 Booster Shots Available

The safety and care of Veterans and our workforce are top priorities. Since late October, the medical center has been offering the Moderna and Johnson & Johnson (J&J) vaccine booster shots.

Veterans, their spouses, caregivers and CHAMPVA recipients under the authority of the SAVE LIVES Act may receive a booster, as supply and capacity permits. The SAVE LIVES Act authorizes VA to offer vaccine to Veterans not traditionally eligible for VHA care, and others including spouses and caregivers of Veterans.

This decision follows the Food and Drug Administration's (FDA) authorization and Centers for Disease Control and Prevention's (CDC) recommendation for a booster dose of the Moderna or J&J vaccine:

- For those who completed a Pfizer or Moderna COVID-19 vaccine series, six or more months ago, the recommendation is that everyone ages 18 and older should get a booster shot.
- For those who had a J&J COVID-19 vaccine, booster shots are recommended for those who are 18 and older and who were vaccinated at least 2 months ago.

Eligible individuals may choose which available vaccine they receive as a booster dose. Some people may have a preference for the vaccine type that they originally received and others, may prefer to get a different booster. CDC's recommendations now allow for this type of mix and match dosing for booster shots.



It will be necessary to present a vaccination card for those individuals who have received a vaccine privately from another agency and now opt to have a booster from the VA.

While the initial series of vaccines remain highly effective in reducing the likelihood of infection and preventing severe illness, hospitalization, or death among those infected, the purpose of this booster shot is to "boost" antibody protection when it has decreased over time. Consult with your physician if you have questions about whether you should receive a booster.

Schedule your booster shot at our main campus in Coatesville or with either of our community clinics by calling 610-384-7711 then dial extension 5110.

Protect Yourself from the Flu

Flu shots are available and FREE to all enrolled Veterans at our Flu Vaccine area in Building 38, B21 on the medical center campus. The Flu shot is available Monday thru Friday, 8:30 a.m. -- 4:00 p.m., by appointments. The community outpatient clinics offer flu shots as well.

CDC advises that it is safe for people to get both the COVID-19 vaccine and flu vaccine at the same time. Veterans receiving care at VA who wish to get a booster shot can get both shots together during the same visit.

If you have questions about which vaccine to get, talk to your health care team. Send a secure message to your VA provider or call for an appointment 610-383-0239.



VA Extends Presumptive Period for Gulf War Veterans

The Department of Veterans Affairs has extended the presumptive period to December 31, 2026 for qualifying chronic disabilities rated 10% or more resulting from undiagnosed Persian Gulf War Veterans to ensure benefits established by Congress are fairly administered. VA presumes certain medically unexplained illnesses that are related to Persian Gulf War service without regard to cause, including chronic fatigue syndrome, fibromyalgia, functional gastrointestinal disorders. Also included are undiagnosed illnesses with symptoms that may include but are not limited to abnormal weight loss, cardiovascular disease, muscle and joint pain, headache, menstrual disorders, neurological and psychological problems, skin conditions, respirator disorders and sleep disturbances.

Persian Gulf War Veterans who are experiencing any of the symptoms listed above and other unexplained medical issues are encouraged to file a claim. For more information about claims contact: VA Philadelphia Regional Office 1-800-872-1000.

Need help Navigating the VA Benefit System?

Veteran Service Officers

are here to assist you.

Monday, Tuesday,
Thursday and Friday.

Located in Building 1, Room 142

Your must have a scheduled appointment.

Appointment time slots are available starting at 9:00 a.m. and ending at 1:30 p.m.

Call 610-383-0239 to schedule

VIRTUAL Wellness Classes

Choose from: Barre, Yoga, Cardio Care, Medication, Pilates, Power Yoga, Restorative Yoga, Tai Chi, Total Body Conditioning, Wounded Warrior Classes, Zumba and more!



Over 80+ Live Classes per week

How to Access Virtual Classes



Step 1: Register

Click here: <https://www.millenniumhealthandfitness.com/visn-4-registration/>

After you register you can login here: <https://www.millenniumhealthandfitness.com/login/>



Step 2: Access all virtual services (Live and OnDemand) here:

<https://www.millenniumhealthandfitness.com/virtual-classes/>

(Save the url for quick access on your computer or smart phone)



Step 3: Step up your space and enjoy!



Register using the above QR code by simply scanning code with your smart phone camera.



Login and access all virtual services using the above QR code by simply scanning code with your smart phone camera.

Proudly Serving our Veterans



VISN 4 RN Clinical Contact Center
1-833-TELE-URGENT
(1-833-835-3874)

If you have an **urgent** medical or mental health question, call a VISN 4 Triage Nurse!

— Available 24/7/365 —



Scan QR code with your smart phone to add this number to your contacts! 

Connect with us at
www.coatesville.va.gov
and on Facebook



For updates about our medical center operations, please view the **"Alert"** & **"Local Alerts"** section on our website www.coatesville.va.gov.

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